

Post Assessment

Health care appointments and referrals will be provided based on assessment findings and desired outcomes.

Common issues that need reassessment or referrals include:

High cholesterol levels

High blood sugar levels

High blood pressure

Sleep issues

Musculoskeletal issues

Body composition

30, 60 and 90 day reassessments will be provided as needed.

90 Day assessments to assess progress for identified health issues will be a common outcome.