



Coaching Workshop



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The Coaching Workshop is an 8-hour training class (0800 – 1600) that prepares Army leaders to conduct Coaching sessions in support of Project Athena.

Participants will learn how to use key Coaching principles to empower Soldiers to maximize their own potential and to develop a learner-centered Individual Development Plan (IDP)

Each class seats between 10 - 30 students. If your unit has at least 10 students, we can arrange an additional class to be taught at your location.

Point of Contact for enrollment is:

Mr. Arthur Collins or SSG Clark, Travis at 253-967-4879. Email:

arthur.collins2.civ@army.mil

travis.l.clark10.mil@army.mil

Coaching Workshop Dates

April 11, 2022

May 16, 2022

August 08, 2022

September 06, 2022

October 13, 2022

November 30, 2022